



**XVII INTERNATIONAL SWIMMING  
MEETING**

**„DOLPHIN CUP 2023,,**

**SKOPJE, 25-26.03.2023**

## 1. ORGANIZER

Swimming Club „Dolphin,, Skopje

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## 2. DATE AND PLACE

25 and 26 March 2023 in Skopje, at the indoor Swimming Pool Boris Trajkovski sport center with dimensions of 25m x 33m and 12 swimming lanes, also with a small warm up pool with dimensions of 20 m x 8m and water temperature of 26.5°C.

## 3. TIMEKEEPING

Electronic timekeeping.

## 4. CATEGORIES

AGE GROUP	MALE	FEMALE
Category A	Absolute	Absolute
Category B	2008 – 2009	2008 – 2009
Category C	2010 - 2011	2010 - 2011
Category D	2012- 2013	2012- 2013
Category E	2014	2014
Category F	2015 and younger	2015 and younger

## 5. PROPOSITIONS

The swimming competition will be held under the rules of the World Swimming Federation “FINA” and the National swimming Federation of the Republic of North Macedonia.

There is no limitation on the number of races that every swimmer can be entered into and every swimmers can swim in apsolutly category in all discipline.

## 6. ENTRY FEE

300 den per race start for domestic competitors and 5 EURO for foreign competitors or ( 25 EURO 6 start).

### **The number of the swimmers and clubs is it limited**

In case there are too many regitsraed swimmeres events 800 m free and 400 m free are going to be limited to one heat in 800 and two three in 400 m freestyle

## 7. SWIMMING PROGRAM

### I Part : Saturday 25.03.2023 16:45

Warm up 15:30

100 freestyle	m/f	A ,B,C,D,E
200 butterfly	m/f	A,B,C
100 breaststroke	m/f	A ,B,C,D
200 medley	m/f	A,B,C
100 backstroke	m/f	A,B,C,D
1500 freestyle	m/f	A

### II Part : Sunday 26.03.2022 08:45

Warm up 07:30

50 freestyle	m/f	A,B,C,D,E,F
100 butterfly	m/f	A,B,C,D
200 backstroke	m/f	A,B,C
50 breaststroke	m/f	A,B,C,D,E,F
100 medley	m/f	A,B,C,D
400 freestyle	m/f	A,B,C

### III Part : Sunday 26.03.2022 16:30

Warm up 15:30

200 freestyle	m/f	A,B,C,D
50 butterfly	m/f	A,B,C,D,E,F
200 breaststroke	m/f	A ,B,C
50 backstroke	m/f	A,B,C,D,E,F
400 medley	m/f	A,B,
800 freestyle	m/f	A

## 8. AWARDS

The best three competitors in each of the categories shall receive medals.

The best male and female competitors in all category will be selected according to the total number of collected points in their four best disciplines (including the disciplines in the absolute category) according to the FINA scoring table .

## 9. APPLICATIONS

Applications should be sent and received by 20.03.2023 at the latest by lenex.

The application should contain the following information:

- Official name of the Swimming Club
- First name and surname of the competitor, sex and date of birth
- Disciplines (races) and best time in a 50m length swimming pool.

Participation may be cancelled by 23.03.2023 at the latest.

The application itself shall be considered as a guarantee for the good health and medical condition of the swimmers by the club.