



II LONG DISTANCE RACE

„DOLPHIN OPEN 2022,,

OHRID, 27.08.2022

(Third race of cup of long distance in RN Macedonia in 2022)

1. ORGANIZER

Swimming Club „Dolphin,, Skopje

Address: Bul. Jane Sandanski 19/2-3, Skopje

Account number 300000001619936, EDB 4030003468403, Komercijalna banka

Tel: +389 78 386 236; +389 70 386236

E-mail: aleksandar@yahoo.com ; pvkdelfin@pvkdelfin.org.mk

2. DATE AND PLACE

Ohrid Auto kamp Ljubanishta – Ohrid

Date: 27.08.2022

3. Categori and distance

2,5 km

- 12-14 years (swimmers born 2008-2010)
- 15-17 years (swimmers born 2005-2007)

5 km

- 15-17 years (swimmers born 2005-2007)
- 18 and + (swimmers born 2004 and more)

800 meter – promotions race (swimmers under 12 year 2011 and younger and recreation)

4. PROPOSITIONS

The swimming long race will be held under the rules of the World Swimming Federation “FINA” and the National swimming Federation of the Republic of North Macedonia and the riles of cup of North Macedonia of long distance..

There is no limitation on the number of races that every swimmer can be entered into and every swimmers can swim in apsolut category in all discipline.

5. ENTRY FEE

1000 den for domestic swimmers 20 euro for foreign competitors

The number of the swimmers and clubs is it limited

In case there are too many registered swimmers events 800 m free and 400 m free are going to be limited to one heat in 800 and two heats in 400 m freestyle

6. SWIMMING PROGRAM

- 800 meters Saturday 27.08.2022 10:00 hours
- 5 km Saturday 27.08.2022 10:30 hours
- 2.5 km Saturday 27.08.2022 10:45 hours

7. APPLICATIONS

Applications should be sent and received by 48 hours before the race on aleksandar@yahoo.com and nacionalnaplivackafederacija@yahoo.com

The application should contain the following information:

- Official name of the Swimming Club
- First name and surname of the competitor, sex and date of birth

8. AWARDS

The best three competitors in each of the categories shall receive medals.

The best male and female competitors in all category will be awarded with money prizes.

The application itself shall be considered as a guarantee for the good health and medical condition of the swimmers by the club.

9. NOTE

- Each swimmer is obliged to present a medical certificate that he is fit for competitions, issued by a relevant institution, if he does not do the same by the technical meeting, he will not have the right to perform;
- Underage swimmers must present the consent of a parent or guardian;
- The time limit is 30 minutes (According to the FINA rule for races under 25 km OWS 6.16.1) if after this time limit there is a swimmer in the water, he will be stopped and will not be allowed to finish the race;
- The time limit for the 800 meter race is 45 minutes from the start of the race;
- With the registration of the swimmers, they assume full responsibility, the National Swimming Federation and the Technical Organizer do not assume responsibility in case of unwanted consequences;
- The quality of the water is guaranteed by the technical organizers of the races.

SC "DOLPHIN" – SKOPJE