

XV INTERNATIONAL SWIMMING MEETING

NEMO KUP 2019



It is our greatest pleasure to invite you all at the swimming competition “XV NEMO CUP”. The Swimming Club “DOLPHIN” Skopje hosts and organizes the swimming contest NEMO CUP 2019 for the fifteen time in a row at the swimming pool “Boris Trajkovski” in Skopje. The overall concept of the competition is aimed towards development and affirmation of swimming as a sport, where swimmers can participate in all disciplines in six age categories. The swimmers will get variety of rewards and the best competitors from absolute category will get money awards.

ORGANIZER: SWIMMING CLUB “DELFIN” SKOPJE

DATE: 30.11 and 01.12.2019 year

PLACE: Indoor swimming pool “BORIS TRAJKOVSKI” Skopje

SWIMMING POOL: 25 meters 8 lane, temperature 26,5°

ELECTRONIC TIMEKEEPING

AGE GROUPS:

	male	female
Category A	Absolute	Absolute
Category B	2004/2005	2004/2005
Category C	2006/2007	2006/2007
Category D	2008/2009	2008/2009
Category E	2010/2011	2010/2011
Category F	2012 and younger	2012 and younger

ENTRY FEE: 3,5 EUROS per start

VALID PARTICIPATION (number of starts): The number of the races for the swimmers at the meeting is unlimited.

PROGRAM

I part

Saturday 30.11.2019 09:00
(Warm up 08:00)

100 free	m/f	A,B,C,D,E
50 breaststroke	m/f	A,B,C,D,E,F
200 butterfly	m/f	A,B,C
50 backstroke	m/f	A,B,C,D,E,F
200 medley	m/f	A,B,C,D
1500 free	m/f	A

II part

Saturday 30.11.2019 17:00
(Warm up 16:00)

50 free	f/m	A,B,C,D,E,F
100 backstroke	f/m	A,B,C,D,E
200 breaststroke	f/m	A,B,C,D
100 butterfly	f/m	A,B,C,D,E
400 free	f/m	A,B,C,D

III part

Sunday 01.12.2019 09:00
(Warm up 08:00)

50 butterfly	m/f	A,B,C,D,E,F
200 free	m/f	A,B,C,D
100 breaststroke	m/f	A,B,C,D,E
200 backstroke	m/f	A,B,C
100 medley	m/f	A,B,C,D,E
800 free	m/f	A

NOTE: The organizer keeps the right to limit events 800m and 1500m freestyle to 8 male and 8 female competitors according to the best entry/swimm time

OPENING CEREMONY SATURDAY 30.11.2019 16:45
SATURDAY 21:00h DINNER PARTY FOR COACHES AND COMPANIONS

MEDALS: The first three swimmers of each event and age group will be awarded with medals.

AWARDS: The best competitors from category A (man and woman) will get money awards, and the swimmers from category B,C, D,E and F will get variety of rewards according to the total FINA points from best four disciplines. The youngest swimmers in both man and woman category shall be awarded with variety of rewards (identification document is required);

BEST CLUB: The club scoring the most FINA points by all its swimmers shall be declared as the best club.

ENTRIES: till 26.11.2019 on e-mail: aleksandar@yahoo.com , or Tel: + 389 78 386 236, + 389 2 2444 670, fax: + 389 2 2431 587

With providing the entries for their swimmers the clubs are confirming the health status of the athletes and take all the responsibility about their health. Tel: + 389 78 386 236, + 389 2 2444 670:

CANCELATIONS: till 28.11.2019 year

Technical meeting will be held on 16.11.2018 at 20:00h at SWIMMING POOL

ACOMODATIONS: The participating teams are responsible for transport and accommodation costs. Information and reservations: Mr.Stefan Jakimovski + 389 71306929

We can provide hotel accommodation in Skopje – up to 35 EUR for full board or 15-20 EUR for bed and breakfast

SC “DELFIN” SKOPJE

